

December 18, 2020

Dear Residents, Family & Team Members,

We are happy to report that that senior living communities, and in turn, Innovation Senior Living communities' staff and residents, will be among the first in the country to have access to the COVID-19 vaccine. At this time, we are educating our residents and staff. Vaccine clinics are being anticipated soon. We look forward to being one of the safest places for senior living. We will continue safety measures, which include the use of personal protective equipment, resident and staff testing, and enhanced cleaning protocols.

---

## **FREQUENTLY ASKED QUESTIONS**

### **What is Innovation Senior Living's plan for the vaccine distribution?**

We are in communication with our pharmacy partners regarding the plans for the distribution of the Covid-19 vaccine to our communities. We are reaching out to families, residents, and staff to educate them on the next steps. We will be working on getting all necessary paperwork completed for authorization of vaccination once our vaccination schedules are secured.

### **When will a COVID-19 vaccine be widely available to the public?**

The CDC says that while limited COVID-19 vaccine doses may be available in 2020, it is anticipated that the vaccine supply will increase substantially in 2021.

### **What are the side effects of the COVID-19 vaccine?**

According to the CDC, most people do not have serious problems after being vaccinated. With time, we will understand the mild side effects of the COVID-19 vaccine before we start to use it. To date, your arm may be sore, red, or warm to the touch. These symptoms usually go away on their own. Some people report getting a headache or fever when getting a vaccine. These side effects are a sign that your immune system is doing exactly what it is supposed to do. It's working and building up protection against disease.

### **Is it true you need two doses of the vaccine?**

Yes. Nearly all COVID-19 vaccines being studied in the U.S. require two shots. The first dose builds protection. The second dose provides the most protection the vaccine can provide.

### **Is it better to get immunity from actually having COVID-19 than to get immunity from a vaccine?**

No. The CDC says getting the COVID-19 vaccine is the safer choice. While scientists are still learning more about the virus, the current advice is that COVID-19 has caused serious illness and death for many people, and contagion to your loved ones is possible and can lead to sickness, including death.

### **Can individuals pay to be one of the first to get the COVID-19 vaccine?**

No. Vaccines will be administered according to the federal government's carefully planned priority list. We are very fortunate to have priority for these vaccines.

## **Why aren't hand-washing and social distancing enough to prevent the spread of COVID-19?**

We need to use many different methods to stop a pandemic. The CDC points out that vaccines work with your immune system so your body will be ready to fight the virus if you are exposed. But washing hands and using hand sanitizer, maintaining social distance, and wearing face masks help reduce your chances of being exposed or of spreading the virus to others.

Warm Regards,



Pilar Carvajal, CEO & Founder  
Innovation Senior Living  
1688 Meridian Avenue Suite 700  
Miami Beach, FL 33139  
O: 1-800-425-9914 ext 700  
[www.linkedin.com/in/pilarcarvajal](http://www.linkedin.com/in/pilarcarvajal)  
[www.islcommunities.com](http://www.islcommunities.com)