



*Donations of
Gingerbread House,
Gingerbread Cookie
and Basic Cookie
supplies would be
greatly appreciated.
We will be
“baking cookies”
December 11th*

December Birthdays

In astrology, the Archers of Sagittarius are those born between December 1–21. These open-minded travelers are in constant motion, searching the globe for meaning. They are not afraid of change and treasure freedom. Those born from December 22–31 are Capricorn’s Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience.

Donna Howdeshell – December 20, 1928

- Walt Disney (animator) – December 5, 1901
- Dave Brubeck (musician) – December 6, 1920
- Emmett Kelly (clown) – December 9, 1898
- Rita Moreno (actress) – December 11, 1931
- Shirley Jackson (writer) – December 14, 1916
- Betty Grable (actress) – December 18, 1916
- Chris Evert (tennis pro) – December 21, 1954
- Tiger Woods (golfer) – December 30, 1975

Old Fashion European Style Ginger Snaps

- 3/4 cup rendered bacon fat chilled
- 1 cup sugar plus 1/4 cup for rolling
- 1/4 cup molasses
- 1 egg
- 2 cups flour
- 1 tsp kosher salt
- 2 tsp baking soda
- 2 tsp ground ginger
- 1/2 tsp ground cloves
- 1/2 tsp ground cinnamon

Instructions

Heat oven to 350°F. Line two cookie sheets with parchment paper or silicone Silpat liners.

In a food processor fitted with a metal blade, add all ingredients. Pulse until a smooth, stiff dough is formed. Place dough in plastic wrap and chill in the refrigerator for at least 2 hours.

Put 1/4 cup of sugar in a small bowl. Scoop a tablespoon of dough and roll into a ball with your hands. Drop into the sugar and roll to coat. Place on prepared pans. Repeat with remaining dough, Place 2 inches apart as they spread out as they bake.

Bake until flat and a dark brown, about 10 to 12 minutes. Cool on baking sheet for a few minutes, then transfer to a rack to finish cooling. Store cookies in an airtight container.



**Safe Toys and
Gifts Month**

**Spiritual
Literacy
Month**

**Hanukkah
December 2–10**

**Pretend to Be
a Time
Traveler Day
December 8**

**International
Mountain Day
December 11**

**Crossword
Puzzle Day
December 21**

**Christmas Day
December 25**

**Make Up Your
Mind Day
December 31**

Heritage House ALF

1810 S Belcher Road Clearwater, FL 33764

December 2018

ALF #005401

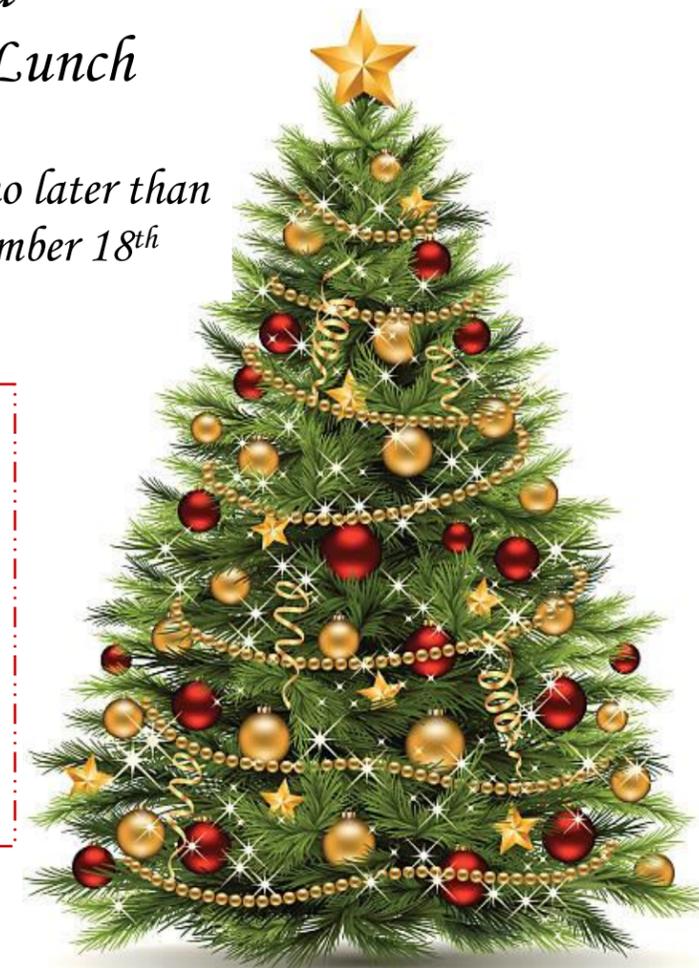
*It wouldn't be the holidays
Without the joy of friends and families!*

*Please join your loved one
for a
Holiday Lunch*

*Please R.S.V.P no later than
Tuesday December 18th*

*Turkey
Dressing
Ham
Mashed Potato
Gravy
Green Bean Casserole
Cranberry Sauce*

*Pumpkin Pie
Apple Pie
Pecan Pie*





The History of the Gingerbread House

No confection symbolizes the holidays quite like gingerbread in its many forms, from edible houses to candy-studded gingerbread men to spiced loaves of cake-like bread.

Gingerbread houses originated in Germany during the 16th century. The elaborate cookie-walled houses, decorated with foil in addition to gold leaf, became associated with Christmas tradition. Their popularity rose when the Brothers Grimm wrote the story of Hansel and Gretel, in which the main characters stumble upon a house made entirely of treats deep in the forest. It is unclear whether or not gingerbread houses were a result of the popular fairy tale, or vice versa.



Here We Come A-Caroling

Are these funny facts about our favorite holiday carols true or false?

1. "Deck the Halls" was a bawdy Welsh tune sung on New Year's Eve.
2. "Jingle Bells" was written to celebrate Thanksgiving.
3. The lyric "Have Yourself a Merry Little Christmas" was originally followed with the depressing line "It may be your last."

ANSWERS: They're all TRUE!

Making the Cut

You can provide some snow flurries of your own on December 27, Make Cut-Out Snowflakes Day. Paper snowflakes are simple, easy-to-make decorations that instantly create a festive atmosphere. And like real snowflakes, no two are exactly alike! Simply fold a square piece of paper in half diagonally to make a triangle, fold it in half again to make another triangle, and then fold it into thirds. Next, use scissors to cut straight or wavy lines into the finished triangle. As you unfold your paper, you'll find a perfectly unique and symmetrical flake. The cutting of paper snowflakes was born with Japanese origami. It was the French who used origami to master the art of cutting paper doll chains, and paper snowflakes likely evolved from those fanciful dolls.



Meet the Team

Bonnie Edelin
Administrator

Amanda Bemboom
Assistant
Administrator

Reminder

As the Holiday approaches we want to remind our residents and families that we could not be prouder of our staff and ask that you acknowledge their hard work, dedication, and compassion. But as we ask your help in acknowledging the non – management we also ask that your gratitude is distributed evenly amongst them all. If you are wanting to make a cash donation towards the employee recognition it needs to be handed into the office to be distributed. This ensures that all employees receive your generous gift.

Thank you



Holiday Pet Caution

Place your Tree in a corner, blocked off from your pets wanting eyes Tinsel can ass a nice sparkle to the tree, but make sure you hang it up out of your pets reach

Do not put lights on the tree's lower branches

Ornaments need to be kept out of reach

Holly, Mistletoe, and Poinsettia plants are poisonous to dogs or cats

Burning candles should be placed on high shelves or mantels

Wrapping paper, string, or cloth could cause intestinal blockage



Special Note

Please check with our staff for your loved one's needs.

Towels, Wash Clothes and Personal Hygiene products.

We are also asking for you to replace the small trash cans currently being used for dirty clothing with regular sized clothes hampers.

Thank you